

2022 Towson United Boys Rec

Playoff Overtime Rules

If a playoff game is tied at the end of regulation play, teams will play up to two 5-minute overtime periods (no golden goal).

- There will be a 2-minute break before the start of the first overtime period. The winner of a coin toss decides either which side of the field to defend OR whether to kick off in the first overtime.
- If either team is winning at the end of the first overtime period, the game ends.
- If teams remain tied at the end of the first overtime period there will be a 2-minute break before starting the second overtime period, and the teams will switch ends.
- Coaches may substitute players only between the overtime periods or for injury; there are no free substitutions during overtime.

If teams remain tied at the end of the two overtime periods, the game will be decided by penalty kicks in accordance with FIFA rules. If the penalty kick score is tied at the end of five kicks, the teams will continue to take alternating penalty kicks until there is a winner. All players on the field (including the keeper) must kick before any player may kick a second time.

Note: Players on field at the end of the second overtime period **MUST REMAIN ON THE FIELD**, while all other players remain **OFF** the field.

Summary of PK rules from FIFA for playoff overtime:

- a) Only players legally on the playing field at the completion of the second overtime period will be allowed to participate in the shootout.
- b) The referee shall choose the goal at which all the penalty kicks shall be taken. A coin toss shall be conducted. The team winning the toss shall have the choice of kicking first or second.
- c) The order of teams and the goal shot on will remain the same for the entire shootout. Goalkeepers are eligible to be one of the five initial shooters.
- d) Each team will take a minimum of five shots on a goal from the designated penalty kick spot.
- e) Teams will alternate shots. Team A will shoot, then Team B, then Team A, then Team B, etc.
- f) The teams will alternate shots until each team takes five shots or until one team clinches the win, whichever comes first.
- g) All shootout kicks are direct.
- h) The defense may switch goalkeepers from the players on the field before any shot.
- i) If after five shots the game is still tied, teams will alternate one shot each until one team has scored a goal more than the other from the same number of kicks.
- j) Each player must shoot once before any player shoots a second time. Goalkeepers must shoot at some point in that order.
- k) The order may be switched once a team has used every eligible player to shoot. This can be done every time a team goes completely through its order
- l) A goalkeeper can move but may not come off the goal line until the shot is taken. Lateral movement is allowed, but the goalkeeper is not permitted to come off the line by stepping or lunging forward until the ball is in play. If the goalkeeper comes off the goal line, then the shot will be retaken if a goal is not scored.
- m) Penalty kicks may only be taken following the whistle of a referee. If a penalty kick is taken prior to the whistle, regardless of outcome the penalty shot is retaken.